

Senior Conversation Meetings

Categorized Notes

GRANT PARK COMMUNITY CENTER

LIKES

- I. Facilities
 - a. Smaller center makes it more personable
 - b. Location (Grant program)
 - c. Important to be able to walk/bike to the program
 - d. Open environment (All in one place) – Encourages interaction
- II. Programs
 - a. Exercise programs
 - b. Card playing/games
 - c. Access to speakers/lessons (Diversity of the programs and activities)
 - d. Program and activity costs are minimal and non-restrictive at Grant Senior Program
 - e. Snacks/food available
 - f. Appreciate heart of the volunteers
 - g. Grant Park Senior Program
 - h. Book Club
 - i. Diversity of classes
 - j. Conversations like this as a way to communicate to City Council
- III. Social
 - a. Support for each other
 - b. Community building that occurs as a result of the programs
 - c. Love the welcoming feeling at Grant Program
 - d. Encouraging volunteerism
 - e. Friendships
 - f. Seniors need a set plan/program available and these programs make this available

SUGGESTIONS

- IV. Facilities
 - a. Remember that we are talking about what works into the future not just today
 - b. Facility – Oven and acoustic improvements at Grant
 - c. City should consult the volunteers on facility improvements

V. Programs

- a. Establishing and maintaining a way seniors can communicate with Council on a regular basis (Increase communication)
- b. Principles of independence, transparency/accountability (producing results) and simplicity (don't do in two steps what can be accomplished in one)
- c. Lower costs to reduce the barriers to participation
- d. Update the website
- e. Don't duplicate programming
- f. Carpool to take advantage of other programs
- g. Growing in steps to accommodate more days and people
- h. Child day care for seniors who take care of their grandchildren

VI. Social

- a. Transportation affects the closeness of the local community by spreading things out
- b. Focus on needs of the individual neighborhood
- c. Transportation – Expands social interaction of seniors

Attendance = 65

HILLVIEW COMMUNITY CENTER

LIKES

- I. Facilities
 - a. Hillview location
 - b. Smaller, more personable facility
 - c. Parking is flat
- II. Programs
 - a. Services such as Tax Prep and Smart Driver
 - b. Adult Ed/Rec Classes/Speakers
 - c. Bocce Ball
 - d. Exercise for all
- III. Social
 - a. Socialization
 - b. Communication
 - c. Women's and men's groups to discuss current affairs
 - d. Everyone gets to know you

SUGGESTIONS

- I. Facilities
 - a. Facility – Exercise opportunities in a mirrored room
 - b. Facility – Nature incorporated into the facility
 - i. Walking path
 - ii. Space for meditation
 - c. Facility – Address the parking situation with hiking groups
 - d. Facility – Level this building
 - e. Adult-sized toilets
 - f. Spruce up the Hillview Center
 - g. Improvements done at Hillview should be done at Grant if possible
- II. Programs
 - a. Pricing analysis/sensitivity
 - b. Dance programs
 - c. Shuttle service
 - d. Keeping cost minimal
 - e. Make refreshments available
 - f. More information on Senior Center

- g. Bring in teens to work with seniors for technology education
 - h. More interface with children (e.g. Mentor-tutor Connection)
 - i. Reduction of non-resident membership
 - j. Program descriptions in the Activity Guide needs improvement to make them more exciting
 - k. Put a link to the Spotlight in the Town Crier
 - l. Medical check-ups/screening
 - i. Blood Pressure
 - ii. Audiology
 - iii. Podiatry
 - m. LAHS Eagle Card equivalent for seniors
 - n. Automation of check-in/check out
- III. Social
- a. Awareness of volunteer opportunities
 - b. Warmth and relationships are important
 - c. Email to seniors regarding programs

Attendance = 46
